



## Weekly Information February 2<sup>nd</sup> through 8<sup>th</sup>, 2012

**This Sunday: Feb. 5th, 2012** from Fr. Earnest

**Instructed Eucharist at both services** - Have you ever wondered why we do what we do during the communion service? We will have some answers for you - during the worship service itself. An instructed Eucharist is a worship service that includes reflections throughout the service to offer insight into what is happening in worship.

**Sunday School, 9:30 am**

- **Children** – No Class
- **Youth and Adults** – Church Polity: Why we do that and what are we up to?

**Book Study Group- following the 10:30 service-** Today's book "Falling Upward" by Richard Rohr- discussion facilitated by Sandy Speer and Fr. Earnest.

**A Re-Treat for You** - You're invited for a time of peace and experiential prayer in a safe, relaxed and holy environment. The Rev. Earnest Graham and his wife, the Very Rev. Shirley Smith Graham will lead a **weekend-long retreat March 2 – 4**, for only \$130 (room and meals included) at Richmond Hill. This is a joint retreat of St. Matthew's and St. Martin's Episcopal Church. Please contact Fr. Earnest (804-334-8443) if interested because spaces for the retreat are filling quickly. The theme is "Knowing God, Knowing Yourself through Prayer," and it is a good opportunity if you've never before been on retreat or if you're an experienced retreat-goer.

**The 2012 Diocesan Council will be Feb. 10-11** - Information on Council and resolutions being proposed are available on the Diocesan Website: <http://www.diosova.org/article312406c5077035.htm>. Please feel free to offer feedback to the delegates as we prepare for council. St. Matthew's delegation to council includes Fr. Earnest, Diane Lewis and Denny Petfield, and Sandy Speer (alternate).

**The New Forward Day by Day booklets are in** - These daily meditations are a good way to start the day in a spiritual way. They are available in the Narthex.

**Introducing the Sunday Papers for children** - This is a weekly series of cartoon reflections on the Lessons for Sunday. Copies are available in the Narthex.

## **Food Pantry, from Tammie Piguet**

Many Thanks to all that donated boxes of cereal last Sunday!! The food pantry shelves are looking better with more boxes of hot and cold cereal on them for the families served by our food pantry each week. The past few week's efforts to keep the food pantry stocked for those families in our local community who need our assistance as they deal with their own life struggles and challenges have been good. Let's keep it going and join in this Sunday's nationwide and local community effort to:

Please help St. Matthew's and the EYC celebrate **Souper Bowl Sunday of Caring** this **Sunday, February 5, 2012** by donating one of the following soup-type items:



- Canned Soup of All Kinds
- Beef Stew
- Brunswick Stew
- Canned Chili

Please bring one of the above items as you attend either church service this Sunday. There will be a large tub located outside the sanctuary for the collection of these soup items. **The EYC members will help shelve the cans afterward.**

## **Girls Night Out...from Carrie Hillman**

Calling All St. Matthew's Women - Come join us at

**"Girls Night Out"**

**Friday, Feb. 10th at the home of Carrie & Lynn Hillman**

**12224 Hadden Hall Drive (in the Highlands)**

**6:30 p.m. - ?????**

**Please bring your favorite appetizer**

**Drinks will be provided**

Prompted by a meeting of some of St. Matthew's finest females - we are extending an invitation to join us for an evening of food, fun and fabulous fellowship. If you have any questions, please call Carrie at 748-7525 (home) or on her cell (943-4002) or [Cloudtop@verizon.net](mailto:Cloudtop@verizon.net).

## **Daughters of the King Training from Carrie Hillman**

**DOK Training Session** - The next training session for the Daughters of the King will be held at the home of Lynn & Carrie Hillman on Saturday, February 11th starting at 10:00 a.m. All women of the church who might be interested in hearing more about Daughters of the King are invited to join us. This meeting will include lunch as it will take a few hours. For any clarification - please don't hesitate to call Carrie at 748-7525.

## **Parish Life from Denny Petfield**

If anyone is interested in learning the pastry and bread making arts, there's a class for you. Stratford University is offering two 4 hour classes on Saturday mornings for the next two weeks. The first class, **Artisan Breads** will be this Saturday from 9am to 1pm. The second class, a week later at the same time will be **Valentine's Day Chocolate Desserts**. Each class costs \$25 (check or cash only) and will be payable when you show up. You will be working in a commercial kitchen and have all your supplies provided...and you get to take home everything you make and keep the recipes! Both classes are being taught by Chef Instructor Lana Petfield-DeLeon who teaches the Pastry Arts Program at Stratford. For more information please either e-mail Kathy Petfield at [kathy517@comcast.net](mailto:kathy517@comcast.net) or call her at 675-0069.

## **Concert for a Cause...** *from Sarah Parkison*

**Embrace Richmond** is a faith-based non-profit that strives to transform distressed communities by empowering leaders within the community. We use an asset-based community approach whereby we help residents identify how they can use their God-given assets to transform their community. In short, we are "Neighbors helping neighbors." For the past few years, Embrace has been a strong presence in the Hillside Public Housing community and we have seen several residents step up to lead teams of other residents in transforming the community. Currently residents are leading a Family Team, a Cooking Team, a Jobs Team and an Artistic Expression Team.

This Friday, February 3<sup>rd</sup> at 7pm, Salisbury Presbyterian Church is hosting a "Concert for a Cause" featuring Irish soprano Anne O'Byrne and pianist David Fisk. The concert is free, however any donations will be given to Embrace Richmond. Please see link below for more details.

<http://embracerichmond.org/2012/01/24/concerts-for-a-cause-salisbury-presbyterian-church/>

## **Diocese of Southern Virginia News,** *from your secretary, Eva*

**Episcopal Singles in Richmond** - Episcopal Singles is hosting their second annual **Meet and Greet** for singles of any denomination in the Richmond area. This event will be on **Saturday evening, February 11th, from 6:30-9:00 pm in the Parish Hall of Historic St. John's Church on Church Hill.**

Episcopal singles, laity and clergy from both the Diocese of Virginia and Diocese of Southern Virginia are especially encouraged to attend. Please contact Karla Hunt of St. John's for further information, at [kwestfallhunt@verizon.net](mailto:kwestfallhunt@verizon.net).

### **Upcoming Events**

- Feb. 5<sup>th</sup> – Instructed Eucharist** at 10:30 am worship service
- Book Club Discussion** – 1:00 pm Falling Upward: A Spirituality for the Two Halves of Life, Richard Rohr
- Feb. 10-11<sup>th</sup> - Diocesan Council** in Williamsburg VA
- Feb. 10<sup>th</sup> – Girls Night Out**, 6:30 pm, Hillman home
- Feb. 11<sup>th</sup> – Daughters of the King training** for potential new members, 10:00 am, Hillman home
- Feb. 21<sup>st</sup> – 6:00 pm, EYC Shrove Tuesday Pancake Supper**  
- 7:30 pm, **Get Your Alleluias Out Early Ash Service**
- Feb. 22<sup>nd</sup> - Ash Wednesday Services** at 12:00 noon and 5:30 pm
- Feb. 29<sup>th</sup> - Wednesday Lent Program begins** – Seeking Wisdom
- Mar. 2-4 - Spiritual Retreat at Richmond Hill** with Rev. Earnest and Very Rev. Shirley Graham